

Springfield, PA -- On Thursday, January 25, Congressman Joe Sestak (PA-7) spoke to about 80 people at the 'St. Francis Over 50 Club' in Springfield. "I was pleased to speak to the St. Francis Over 50 Club - not just because I'm over 50 and felt a close camaraderie with the group -- but because I used to attend school at St. Francis as a young boy," noted Joe.

Joe let the club know where his new district office is (600 N. Jackson St. Suite 203 Media, PA 19063; 610-892-8623), and that he wanted them to call him on any issue that they needed to have addressed. He also spoke about the value of community, and how family, schools - such as St. Francis of Assisi - and other organizations of our youth. The values, Joe said, that carry us through life are learned at an early age from such institutions.

Joe met with the American Association of Retired People (AARP) leadership this week, and looks forward to meeting with the Springfield Over 50 group again to hear their opinions and views on both national and local issues of concern to seniors. Additionally, Joe Smith, a local musician who has been with Peter Nero and the Philly Pops for over 25 years, performed for the club.

*Born and raised in Delaware County, former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, including Commander of an aircraft carrier battle group of 30 U.S. and allied ships with over 15,000 sailors and 100 aircraft that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of "Deep Blue," the Navy's anti-terrorism unit that established strategic and operations policies for the "Global War on Terrorism." He served as President Clinton's Director for Defense Policy at the National Security Council in the White House, and holds a Ph.D. in Political Economy and Government from Harvard University. According to the office of the House Historian, Joe is the highest-ranking former military officer ever to serve in the U.S. Congress.*

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